#### Manifesto for an Age-Friendly European Union by 2020

Achieving a society for all ages will require decision makers and all relevant stakeholders to take collective responsibility for designing new ways of organising our societies to ensure a fairer and more sustainable future for all generations. We believe that the current demographic change is a key opportunity for everyone to work together to **create an Age-Friendly European Union by 2020.** 

# What does creating an Age-Friendly European Union mean?

Creating an Age-Friendly European Union means fostering solidarity between generations and enabling the active participation and involvement of all age groups in society while providing them with adequate support and protection. Through an Age-Friendly European Union, every age and population group will benefit from:

- **1.** A **positive attitude to ageing** that recognises the value of all age groups' identities and contribution to society;
- 2. An **inclusive labour market** that ensures the participation in paid work of younger and older people, including those with disabilities or chronic conditions, supports the intergenerational knowledge transfer and enables workers to both maintain their health and reconcile their work and private lives:
- 3. Accessible outdoor spaces, buildings and transport as well as adapted housing and physical activity facilities that promote independent living and participation in society for longer, while increasing opportunities for exchange within and across generations;
- **4.** Goods and services that are adapted to the needs of all;
- **5. Digital inclusion** to enable participation in the increasingly ICT-based society as citizens, employees, consumers, service users and carers, friends and family members;
- **6.** The possibility to have a voice in the decision-making and research processes that affect them;
- 7. The opportunity to actively participate in volunteering, cultural, sport and recreational activities, thus creating and/or maintaining their social networks, gaining new competences and contributing to their personal fulfilment and wellbeing;
- **8.** Access to lifelong and intergenerational learning to acquire new skills and knowledge at any age;
- 9. Social protection systems based on intra- and inter-generational solidarity that prevent and alleviate poverty, guarantee adequacy of oldage income and sustainability of pension schemes for both current and future generations, ensure access to quality social and healthcare services across the life course and support informal carers;
- 10. Conditions and opportunities to grow and age in **good mental and physical health** through disease prevention and the promotion of physical activity, a healthy diet, wellbeing and health literacy, as well as action on key social determinants of ill-health.

#### Why now?

2012 will be the European Year for Active Ageing and Solidarity between Generations (EY2012). Its objectives are to:

- Promote active ageing in employment;
- Facilitate active ageing in the community;
- Promote healthy ageing and independent living;
- Enhance solidarity between the generations.

In the context of the persistent economic and social crisis, amplified by demographic change, we believe that the Year is a unique opportunity to encourage national and EU policy makers, together with all relevant actors, to consider innovative solutions to address the impact of the crisis on our ageing societies. Now is also the time to make long lasting commitments to create an Age-Friendly European Union that empowers people to age in good health and to actively contribute to society in a way that is fair and sustainable for all generations.

### To international and European decision-makers: get involved!

The European Union should **mainstream** the promotion of an agefriendly environment in all relevant EU policy processes and funding programmes to support action at all levels.

The European Union, the United Nations Economic Commission for Europe and WHO-Europe should also pool their resources. They should coordinate their actions to adopt a "European Strategy for Active and Healthy Ageing and an Age-Friendly European Union" to help Member States achieve their Europe 2020 objective to create smart, sustainable and inclusive growth.

The Strategy should:

- **Build synergies** between existing EU policy processes and funding programmes and the UN policy instruments and implementation programmes on ageing to ensure that these processes will deliver better outcomes in the promotion of active ageing and solidarity between generations;
- Include the creation of an EU Age-Friendly Environment Network and other initiatives such as a European Covenant of Mayors on Active and Healthy Ageing or Demographic Change to gather and support local and regional public authorities committed to fostering active ageing and intergenerational solidarity in their communities;
- Seize the opportunity of a renewed Social Open Method of Coordination to
  effectively involve civil society in social policy making in order to achieve
  adequate, fair and sustainable social protection systems and enhance
  overall social cohesion;
- **Strengthen research** that evaluates and promotes solutions to respond to the needs of our ageing population in ways that are fair for all generations while contributing to sustainable and inclusive growth in a Europe free of poverty.

# To national governments: empower • involve • implement!

With the support of the EU, national, regional and local actors should develop plans to promote age-friendly environments in response to demographic change. Such plans should seek to facilitate the involvement of a wide range of actors in the EU Age-Friendly Environment Network. These plans should also foster the participation of all relevant stakeholders, including civil society organisations and citizens themselves, in the development, implementation and monitoring of adequate and sustainable solutions for our ageing population. In particular, policy measures and/or legal frameworks should be developed to:

- Implement active ageing strategies that take into account the outcomes
  of current and past research on ageing as well as the specific needs
  of vulnerable groups, e.g. migrants and ethnic minorities, people with
  disabilities, low-income workers and people with atypical working careers;
- Challenge ageism in all aspects of life and promote non-discrimination and gender equality in all aspects of active ageing and intergenerational solidarity;
- Create accessible workplaces and age- and gender-friendly working conditions;
- Implement urban and rural planning that ensure accessible physical environments and access to information;
- Strengthen social **cohesion**, **inclusion** and **participation** across the life cycle;
- Guarantee adequate and fair health and social protection systems for all ages and access to quality services in order to ensure that the most vulnerable older people can live dignified lives, free of poverty and social exclusion.

### To all stakeholders, including European citizens: make it happen!

Local authorities and actors, the business sector, public institutions, civil society organisations, social partners, service providers, town planners, researchers, education providers, the media and citizens all have a role to play. For more information on what can be done to achieve an Age-Friendly European Union, please read our leaflet "European Year 2012 for Active Ageing and Solidarity between Generations: Everyone has a role to play".

Now is the time to move ahead quickly!
Get involved and share your initiatives to help achieve a Europe for all ages!



#### For more information

- Information on the EY2012 stakeholders' coalition: http://tinyurl.com/bsll47k
- Contact details of the Stakeholders' Coalition's Coordinator, AGE Platform Europe: info@age-platform.eu
- Website of the European Year for Active Ageing and Solidarity between Generations: http://www.active-ageing-2012.eu
- List of the national coordinators of the European Year 2012: http://ec.europa.eu/social/ey2012main. jsp?catId=986&langId=en
- On-line version of the Manifesto in different European languages: http://tinyurl.com/cl2p45b



With support from the European Union Programme for Employment and Social Solidarity (PROGRESS). The document reflects its author's view only. The European Commission is not liable for the information contained in this publication.



#### Who we are

The EY2012 stakeholders' coalition is a growing group of stakeholders who promote a vision of a society for all ages where everyone is empowered to play an active part in society and enjoy equal rights and opportunities in all stages of their life regardless of age, sex, race or ethnic origin, religion or belief, social or economic status, sexual orientation, physical or mental condition, or need for care.

We believe that the current demographic change is a key opportunity for everyone to work together to create an Age-Friendly European Union by 2020.

"nveduno/moo./tinyurl/:qtfh :te ətisdəw c'aqonul motife Platform This list was updated on 1 December 2011. For the latest update, please visit

- YF) European Youth Forum
- The International Sport and Culture Association (ISCA)
- The European Network of National Civil Society Associations (ENNA)
  - Regione Veneto

Date of publication: December 201

- Red Cross EU Office
- · Provincia di Rovigo
- Mental Health Europe Santé Mentale Europe aisbl in Nordrhein-Westfalen e.V.
- Kuratorium Qualitätssiegel Betreutes Wohnen für ältere Menschen
  - International Diabetes Federation (IDF)
    - · HelpAge International
  - Fundación Academia Europea de Yuste
  - Foundation Compassion Alzheimer Bulgaria
    - Fondation Louis Bonduelle
    - European Women's Lobby (EWL)
    - European Volunteer Centre (CEV)
  - European Union Federation of Youth Hostel Association (EUFED)
    - European Social Metwork (ESM)
    - European Parkinson's Disease Association (EPDA)
    - European Non-Governmental Sports Organisation (ENGSO)
      - European Network of Social Authorities (ENSA)
        - European Metwork Against Racism (EMAR)
    - European Local Inclusion and Social Action Network (ELISAN)
      - The European League Against Rheumatism (EULAR)
        - European Institute of Women's Health (EIWH)
        - European Health and Fitness Association (EHFA)
          - European Foundation Center (EFC)
- European Federation of Unpaid Parents and Carers at Home (FEFAF)
  - European Federation of Retired and Older Persons (FERPA)

of Orthopaedics and Traumatology (EFORT)

- European Federation of National Associations
  - European Disability Forum (EDF) Lifelong Learning (EUCIS-LLL)
  - European Civil Society Platform on Institutions of social protection (AEIP)
    - European Association of Paritarian
      - Services for the Ageing (AZHAA)
  - European Association of Homes and
- European Anti-Poverty Network (EAPN)
  - EuroHealthNet
  - Eurodiaconia
  - EuroCommerce
    - Eurochild • Eurocarers
- CSR Europe (Corporate Social Responsibility) the European Union (COFACE)
- Confederation of Family Organisations in
  - · Comune di Napoli
  - CECODHAS HOUSING EUROPE
    - Beth Johnson Foundation
      - Austism Europe (AUJA) seiznegA
  - Association of Local Democracy (MIA) ètileutuM
- · Association Internationale de la Promotion of the Rights of Elderly (RoE)
  - Association for the Protection and
    - AGE Platform Europe

Manifesto (in alphabetical order): List of partners who co-signed the

















