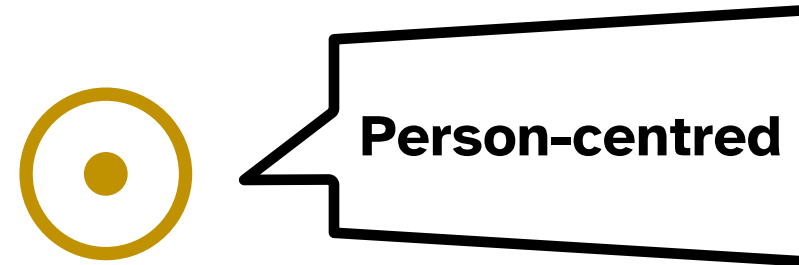# Carefull Europe:
A Call for Action

Fulfilling the potential of **person-centred digital technologies** for integrated care and support services across the lifespan.

A **Carefull Europe** will protect and enhance **supports** and **services** for people who need them, while also knowing that good **services alone are not enough for a good life** – people need to live in neighbourhoods and communities that provide connection, participation and meaning, and an opportunity to **care about and for each other**.
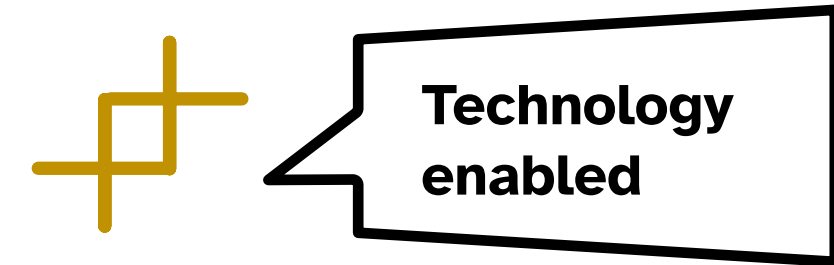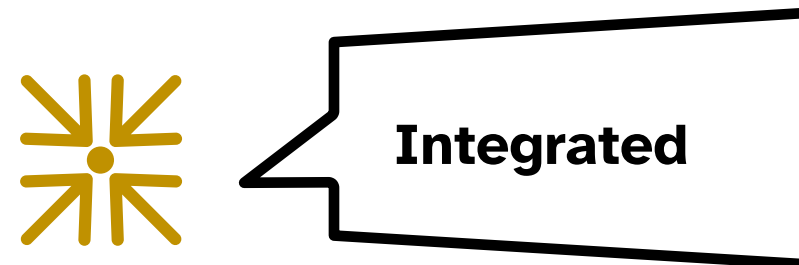
Key enablers

How can we care more fully?
Research and policy already show that key enablers are being:
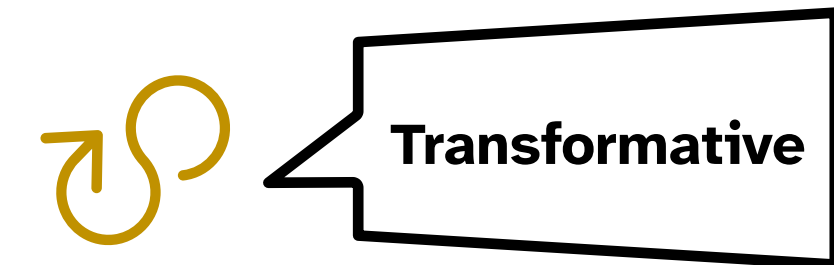
Person-centred

Care should be person-centred and conducive to independent living, integrating long-term care and healthcare, informal care, home care, community-based and residential care. (European Commission)

Technology enabled

Care should benefit from the 4th industrial revolution using accessible technology and digital innovations to support autonomy and independent living, as a way to align the offer of long-term care services to long-term care needs, and supporting the freedom of choice, and participation in decision-making of people (European Council)

Integrated

Integrated care should be Comprehensive, Equitable, Sustainable, Coordinated, Continuous, Holistic, Preventive, Empowering, Goal oriented, Respectful, Collaborative, Co-produced, Evidence-informed, led by whole-systems thinking, and based on Ethical practice with careful use of technology to also protect people (World Health Organisation)

Transformative

There is a need for transformative and inclusive support and care systems, integrating a disability, gender, intersectional and intercultural perspective, across the life course (Special Rapporteur on the Rights of Persons with Disabilities).

SAFE · INCLUSIVE · ACCESSIBLE · PREVENTIVE · CO-PRODUCED · RIGHTS-BASED · LEAVING NO ONE BEHIND · EMPOWERING · DATA PROTECTION · ENHANCING SELF-DETERMINATION

Creating a more **Carefull Europe**

Interlocking levers

Lived experience, learning from existing difficulties in service provision and research has identified some powerful **interlocking levers** that can enable a more Carefull Europe:

Promoted by **Finnish MEP Sirpa Pietikäinen**, a SHAPES Project advisory board member.

Members of the European Parliament are invited to **show their support** by signing the

on-line Call for Action

See also:
SHAPES2020.eu
and WeCareMore

1
Increase awareness across stakeholders
about the importance of integrated care approaches and their human and economic short- and long-term benefits.

2
Commit to public investment
in innovative digitally enhanced solutions/models for integrated care.

3
Speed up deinstitutionalisation
through strategies and related investments in support services.

4
Ensure rights-based and co-design
approaches in rethinking policies and practices.

5
Reassure about use and protection of personal data
Reassure the stakeholders about the use and protection of their personal data.

6
Encourage innovation and change
within health and social care systems.

7
Strengthen capacity to assess the impact
of person-centred technology on integrated care outcomes.

8
Promote Universal Design principles and accessibility requirements
in the design of innovation.

9
Reduce the digital divide
Fostering more inclusive digital infrastructures, capabilities, commodities and governance (ref. The Just Digital Ethical Framework)

10
Realign medical and diagnostic funding system with needs and opportunities
that are rights-based, social and/or preventative.

11
Provide education and training
of formal and informal care givers.

12
Commit to holistic person-centred approaches
that support people through enabling environments.

13
Develop a Code of Practice, quality standards and service delivery quality frameworks
to guide integrated person-centred services.

14
Establish across Europe a network of independent know-how centres
for digital transformation in integrated care and support across sectors.

15
Clarify how EU regulations will support integrated care
(e.g. GDPR, AI, MDD)