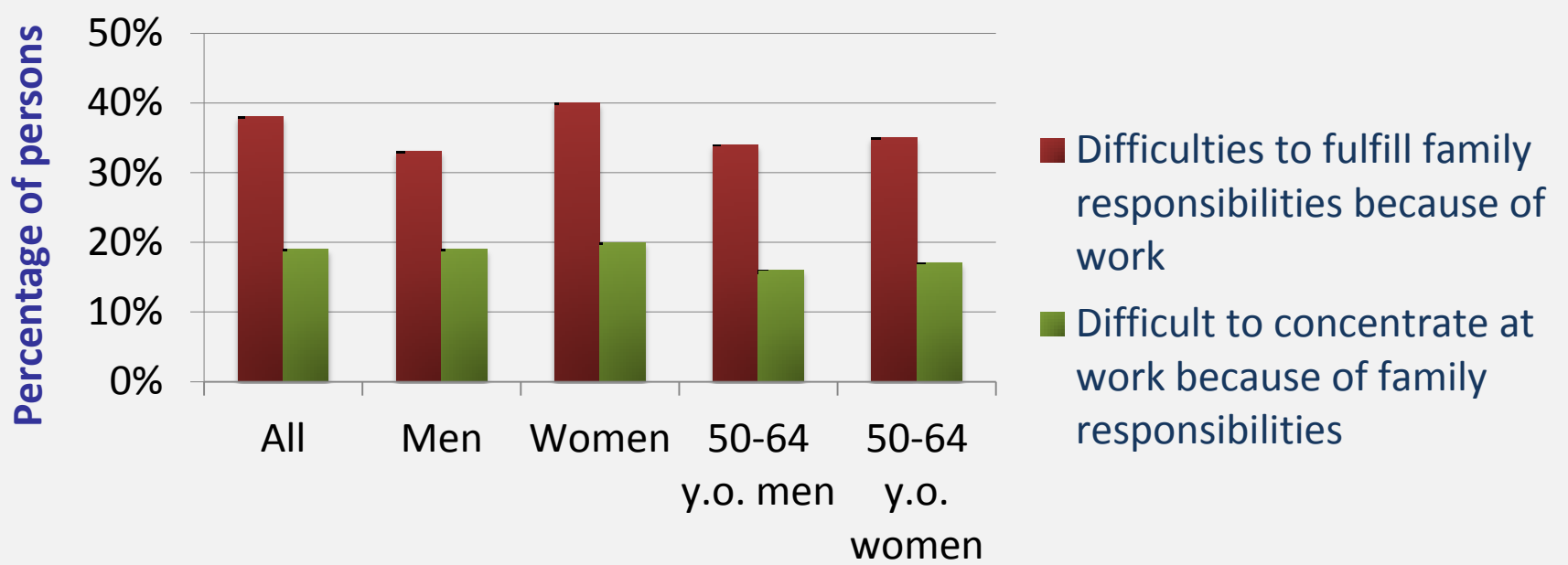


# Why do carers need support?

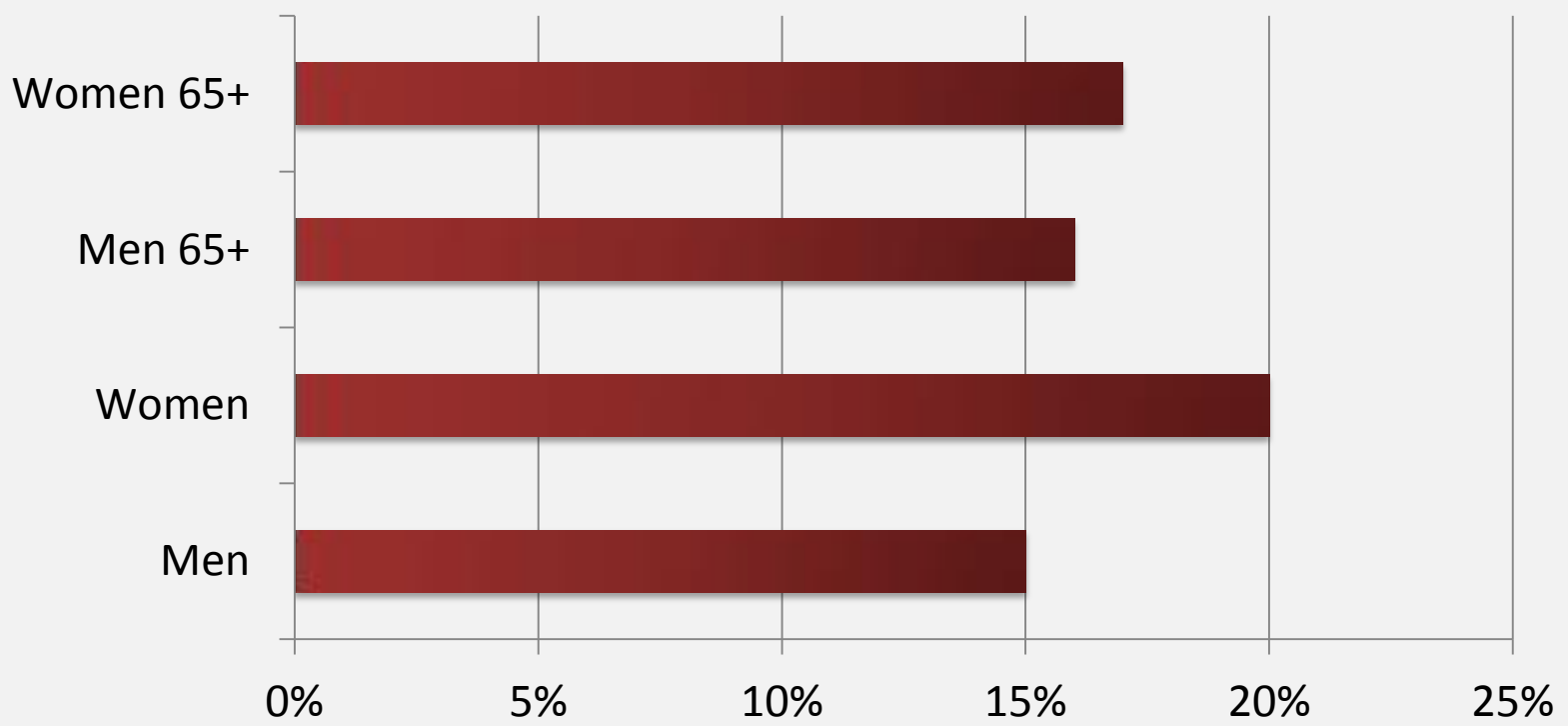
About 70 – 80 % of care is estimated to be provided by informal carers: family, friends, neighbours

## Work-life balance: not only a problem for younger workers



## Almost one in five persons is a carer

### Caring for a disabled or infirm relative

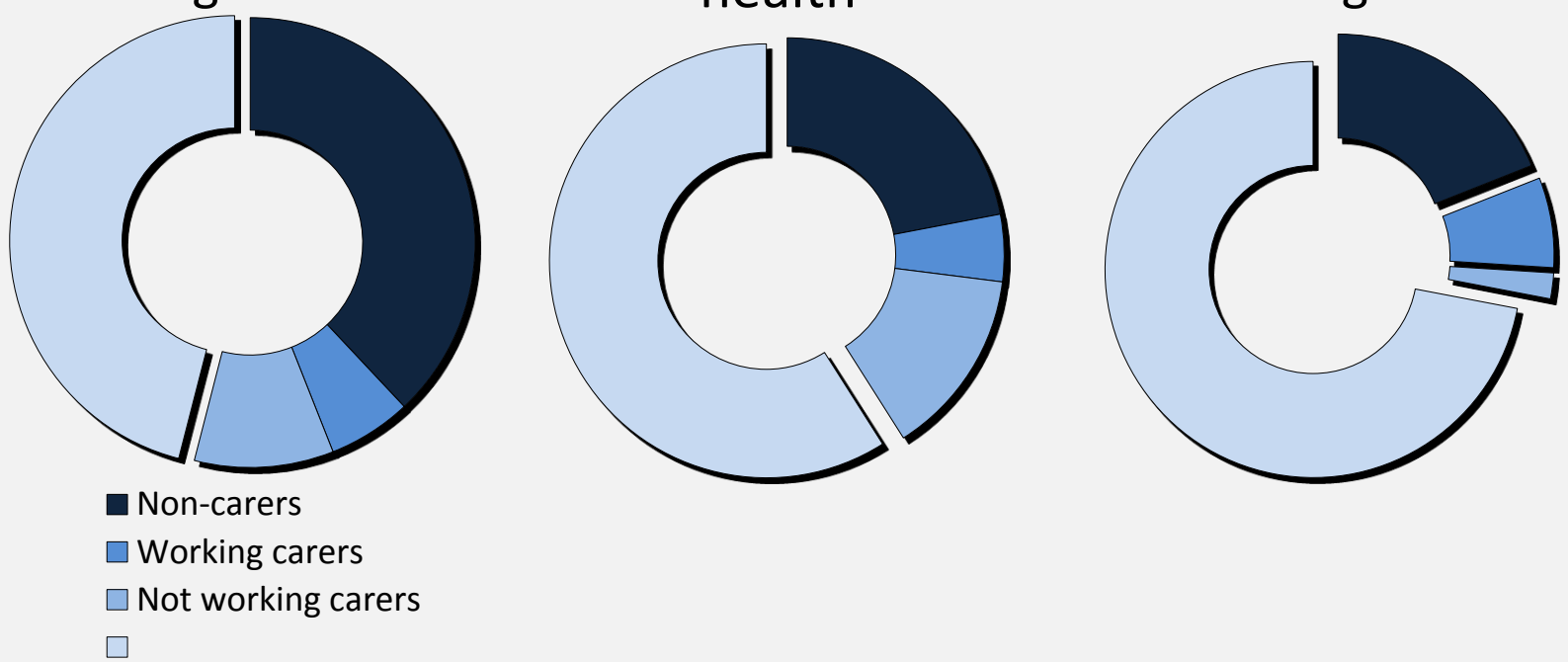


## Carers, especially those not in employment, fare worse in many domains

Have difficulties in making ends meet

In fair or bad health

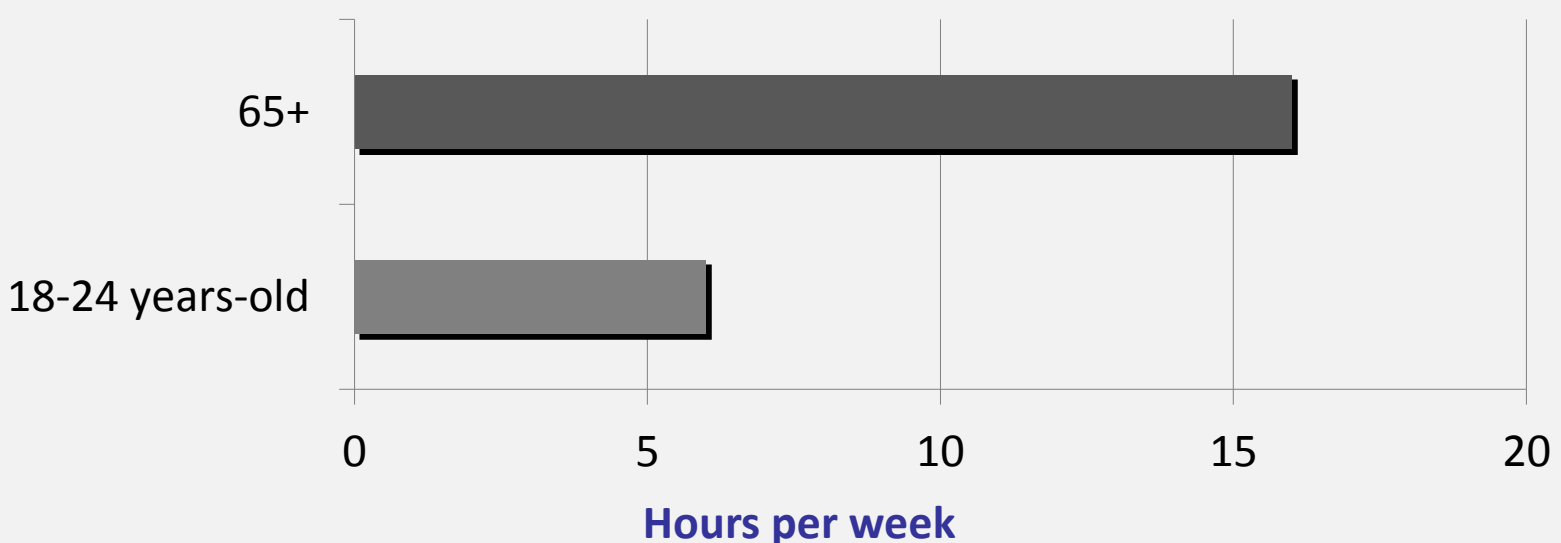
Feel their value is not recognised



**Nb.:** the values are superposed, carers not in employment perform worse than working carers and non-carers in all categories

## The intensity of informal care provision rises with age

Hours spent caring for infirm or disabled relatives <75 years old



Read our position on carers' leave here: <http://bit.ly/AGE-WLBCarers>

Data source: Eurofound, European Quality of Life Survey 2016, [https://www.eurofound.europa.eu/sites/default/files/ef\\_publication/field\\_ef\\_document/ef1733en.pdf](https://www.eurofound.europa.eu/sites/default/files/ef_publication/field_ef_document/ef1733en.pdf)

AGE Platform Europe is a European network of non-profit organisations of and for people aged 50+, which aims to voice and promote the interests of the 190 million citizens aged 50+ in the European Union and to raise awareness on the issues that concern them most.